

# Health & Safety - Informing and acceptance Form

Dear Guest, Welcome!!!

According to the available scientific data on the infection with the new coronavirus SARS-CoV-2, it is considered necessary to systematically implement all measures to prevent the transmission and spread of the new coronavirus.

## ACQUA MARINA PREVENTION MEASURES

We follow the guidance of government and health experts to determine our next steps. Based on the protocols of cleaning, hygiene and disinfection as defined by the National Organization of Public Health (E.O.D.Y.) and the Ministry of Health as well as by additional governmental and European organizations, we are taking the following precautions to help keep our customers and employees safe, while staying in our business:

- We provide regular & up-to-date training of our employees on hygiene issues.
- We have approved cleaning – disinfectants liquids of all types depending on the application surface and the necessary cleaning machines for the proper cleaning of rooms and common areas (steam cleaner for fabric & other surfaces and washing machine for carpets and floors).
- Frequent cleaning and washing of busy areas including corridors, stairs & lobby and daily disinfection of frequent touching surfaces such as reception desk, knobs, handrails.
- We have in all common areas devices or portable packaging (400 ml) antiseptic gel for hands.
- We have an immediate response for any emergency cleaning.
- We provide change of clothing and towels upon customer request, based on the mandatory frequency of change of clothing according to our category (towels / 2 days, sheets / 3 days)
- We proceeded with an extension of check-out and check-in between the stays (check out until 11.00 am and check in from 3.00 pm). This change in the time interval between each check in and check out is mandatory **to ensure that between different customers the room is thoroughly cleaned and disinfected**, as well as that adequate natural ventilation of the space is followed.
- In order to avoid any health problems from goods and / or services of third parties consumed in our rooms, **we do not allow external food delivery services** (such as delivery or massage) **& visitors**.
- We encourage our guests to contact us for suggestions and / or comments that will improve our operation.

## Individual health safety rules

A. Every customer - resident of our accommodation, at the time of arrival, must be sure that he is WELL & feels HEALTHY, otherwise & BEFORE Check In he is obliged to inform the reception about his state of health & immediately notify the collaborating doctor.

B. If the guest feels healthy and is feverish upon arrival, he is obliged to observe the following rules inside but mainly outside the premises of our building, in order **not to transfer the virus Covid-19 to our accommodation and not to spread it to other customers or to the staff of our accommodation.**

1. **Regular hand washing** should be applied often and thoroughly with soap and water or an alcoholic solution. Also touching the face (eyes, nose, and mouth) with hands with must be avoided.

2. We recommend our visitors **to keep a distance of at least one and a half (1.5) meters (physical distance) from the next tenant or employee** located in any interior of our premises.

3. It is **OBLIGATORY** to wear protective mask (which we can provide to all our guests) in case of frequent coughing and / or sneezing, while in all the internal common areas of our lodging.

4. When entering and exiting our accommodation, **all visitors are obliged to use the special hand sanitizer** that is placed for antiseptic reason at the entrance of our building.

5. If during your stay you feel mild symptoms of respiratory infection (cough, runny nose, fever ? 37.6 ° C, sore throat) **you must remain isolated in our room and immediately inform the CRISE Management Coordinator Mr. Nikolas Galaris**, as defined by the ACTION PLAN of our accommodation for further handling.

#### **WHAT YOU DON'T DO**

- You do not come in contact with people who have symptoms of a respiratory infection (cough, runny nose, fever, sore throat).
- You must avoid crowded spaces even staying in open crowded spaces.

I declare that my temperature is **normal** & I feel healthy (today)

I have been informed of the measures & precautions taken by the ACQUA MARINA rooms and read all the applicable rules in accordance with the relevant health protocols, I consider these measures to be absolutely sufficient for the protection of myself and my family.

I responsibly declare that I accept them unreservedly and I am committed to follow all the rules of personal hygiene and protection.

I recognize and accept the risks that may effect to my & my family members health condition, as a result of the general prevailing worldwide conditions due to the pandemic and not as the responsibility of our accommodation.

I renounce any claim\* against ACQUA-MARINA, in case I myself or another member of my family, get sick or die from CoVid-19.

\* A claim that will relate to both compensation for positive or negative damages as well as monetary damages.

Aegina \_\_\_/\_\_\_/2020

GUEST NAME

(Signature & in capitals)